



**2020 - 2021
Nomination Guidelines
Canadian Ski Cross Team**

Effective Nov 19, 2019

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1. INTRODUCTION

- 1.1 The Nomination Guidelines outline the process application to all Athletes considered for nomination to the Canadian Ski Cross Team
- 1.2 The Nomination Guidelines shall be interpreted and applied in accordance with the principles of procedural fairness and natural justice.
- 1.3 The Athletic Director, Ski Cross is responsible for developing and the ACA Performance Committee is responsible for approving the nomination process and procedures for the Athletes that will be nominated to the Canadian Ski Cross Team

2. OBJECTIVES

- 2.1 The objective of the Guidelines is to nominate athletes that are most capable of achieving success at the highest level of international competition on the defined criteria
- 2.2 The primary objective of the A & B team is to win at the World Cup, World Championship & Olympic Winter Games level. For Alpine Canada Alpin, athletes competing in the Olympic Winter Games represents the most important competition held every four (4) years. Results from this competition have an impact on funding received from various governmental and non-governmental sources for direct athlete funding and financial support for High Performance Programs of ACA – Ski Cross.
- 2.3 The primary objective of the C team program is to prepare athletes for the 2026 & 2030 Olympic Winter Games. Nomination criteria for the C team is designed around athletes who are considered outside of the current Olympic quad (5-8 years from targeted Olympic Winter Games)

3. DEFINITIONS

- 3.1 “ACA” – Alpine Canada Alpin
- 3.2 “FIS” – Federation Internationale De Ski/ International Ski Federation (“FIS”) carded Athlete that is a Canadian resident or citizen as defined in the Citizenship and Immigration Act (Canada)
- 3.3 “CSCT” – The Canadian Ski Cross Team, including Athletes active on the “A,” “B” and “C” teams
- 3.4 “CSCT Leadership” – Any of the following: Head/assistant coaches for the CSCT teams, the IST Lead, Strength and Conditioning Lead, Medical Lead, Physiotherapist Lead, Mental Performance Lead, Operations Manager and the ACA Athletic Director – Ski Cross
- 3.5 “CSCT Coach” – Any one of the following: the head coaches for the World Cup and NextGen teams, the Lead Strength and Conditioning coach for the CSCT, the ACA Athletic Director – Ski Cross and any other coach that may be designated as a CSCT Coach, from time to time, by ACA
- 3.6 “Coaches Discretion” – The exercise of discretion by the CSCT Leadership to nominate or not-nominate, an Athlete to the CSCT based on various considerations, including without limitation, an evaluation of technical skiing abilities, previous motivation and performance, attitude and commitment, meeting expectations of the athlete agreement, outstanding results, event quality where

top results were achieved, achieved results at appropriate level of competition, general level of physical fitness, injury history and athletic potential. Any Athlete in the Canadian ski racing system may be nominated or not nominated to the CSCT under 'Coaches Discretion', based upon all or some of the above-mentioned considerations

- 3.7 "Coaches Nomination Meeting" – A meeting of the CSCT Leadership called for the purpose of making recommendations for nomination to the CSCT "A", "B" and "C" teams pursuant to these Nomination Guidelines
- 3.8 "Competitive Season" – All FIS Sanctioned between August 1, 2019 and April 15, 2020
- 3.9 "FIS Rankings" – The rankings set out in the FIS Ranking List, which is produced by the FIS exclusively for the National Sport Organization's ("NSO") for their use in making team nominations for their national and developmental teams. The FIS Ranking List contains rankings for each discipline and is provided to the NSO by the end of April 2020
- 3.10 "Team Selection Advisory Committee" ("TSAC") pursuant to section 3 means a committee constituted by ACA that may include of the following:
- Integrated Support Team ("IST") representative;
 - ACA Athletic Director, Ski Cross & ACA Domestic Sport Director;
 - ACA Board Athlete representative;
 - ACA Alumni representative;
 - ACA representative;
 - COC representative; and,
 - Other individuals appointed by the TSAC in its discretion
- 3.11 "Season End Evaluation Form" pursuant to section 3 means the written form prepared and submitted by the CSCT head coaches at the conclusion of the previous competitive season. The Season End Evaluation Form shall set out the technical evaluation, performance evaluation and achievement goals of each Athlete, which shall be a consideration by the CSCT Leadership and the TSAC in making their recommendation and nomination selections
- 3.12 "TSAC Nomination Meeting" pursuant to section 3 means the annual meeting of the TSAC that occurs after the Coaches Selection Meeting usually in April 2020, wherein the TSAC review the recommendations of the CSCT Leadership, ensure that the Nomination Guidelines have been applied correctly, and nominate Athletes to the CSCT Team
- 3.13 "World Cup Ranking" ("WCR") refers to the final FIS Freestyle Overall World Cup ranking in Ski Cross prior to the World Cup Finals. Results from the Ski Cross World Cup Finals will not be used for FIS Freestyle Overall World Cup ranking. Only podium results from the Ski Cross World Cup Finals may be used for team nomination
- 3.14 "Canada Ski Cross Athlete Ranking System" (CSX-ARS) refers to the ranking system used to rank athletes for nomination. The description of the CSX-ARS is available upon request to the ACA Athletic Director – Ski Cross: dellis@alpinecanada.org
- 3.15 "Canada Ski Cross Point Ranking Chart" (CSX-PRC) refers to the point system used for assessing all competitive results for eligible athletes. The points associated with results are based on the individual results of athletes at all FIS level competitions. The description of the CSX-PRC is available upon request to the ACA Athletic Director – Ski Cross: dellis@alpinecanada.org
- 3.16 CCES-Canadian Center for Ethics in Sport
- 3.17 SDRCC-Sport Dispute Resolution Centre of Canada
- 3.18 WADA-World Anti-Doping Agency

4. QUOTA

- 4.1. Notwithstanding anything contained in these Nomination Guidelines, ACA has the sole discretion and the exclusive right to limit the number of Athletes nominated to CSCT due to limited financial resources, regardless of nomination criteria achieved.
- 4.2. ACA reserves the right to assign a team fee to athletes to offset program costs.

5. NOMINATION CRITERIA FOR A, B & C TEAMS

Athletes shall be considered for nomination on the following basis:

5.1 For the “A” Team, an Athlete will be considered for nomination by meeting, at a minimum, one of the following performance criteria:

Men	Women
<p>Tier 1 4 World Cup placings/results from the 2019/20 season consisting of 2 top 3 results and 20 points or less (ex. WC/WCH results of 3rd, 3rd, 6th & 8th or better)</p> <p>Tier 2 4 World Cup placings/results from the 2019/20 season consisting of 1 top 3 results and 29 points or less (ex. WC/WCH results of 3rd, 6th, 8th & 12th or better)</p> <p>Tier 3 Top 12 WCR prior to the World Cup Finals</p>	<p>Tier 1 4 World Cup placings/results from the 2019/20 season consisting of 2 top 3 results and 20 points or less (ex. WC/WCH results of 3rd, 3rd, 6th & 8th or better)</p> <p>Tier 2 4 World Cup placings/results from the 2019/20 season consisting of 1 top 3 results and 29 points or less (ex. WC/WCH results of 3rd, 6th, 8th & 12th or better)</p> <p>Tier 3 Top 8 WCR prior to the World Cup Finals</p>

5.2 Ranking of athletes considered for nomination for the “A” Team:

- 5.2.1 Athletes will be ranked based on the tiered system within the “A” Team performance criteria. Athletes with point totals are equal to the final ranking at a World Cup/ Olympic event. Ex. 1st place = 1 point, 4th place = 4 points.
- 5.2.2 Ranking within a tier is based on the lowest points per tier. Ex. Tier 1 – 1st, 3rd, 7th = 11 points is better than Tier 1 – 2nd, 2nd, 8th = 12 points.
- 5.2.3 In the event of a tie within a tier, athletes will be ranked based on their single best result until the tie is broken.

5.3 For the “B” Team, an Athlete will be considered for nomination by meeting, at a minimum, one of the following performance criteria:

Men	Women
<p>Tier 1 3 World Cup placings/results from the 2019/20 season consisting of 3 top 8 results.</p> <p>Tier 2 3 World Cup placings/results from the 2019/20 season consisting of 2 top 8 placings/results and 1 top 12 placing/result.</p> <p>Tier 3 4 World Cup placings/results from the 2019/20 season consisting of 2 top 8 placings/results and 2 top 16 placings/results.</p> <p>Tier 4 Top 24 ranking on WCR before WC finals.</p> <p>Tier 5 3 World Cup placings/results from the 2019/20 season consisting of 3 top 16 placings/results and top 32 overall WCR before WC finals.</p> <p>Tier 6 2 World Cup placings/results from the 2019/20 season consisting of 2 top 16 placings/results and: * 1 EC podium if 3 or less EC races are raced ** 2 EC podiums if 4 or more races raced</p>	<p>Tier 1 3 World Cup placings/results from the 2019/20 season consisting of 3 top 8 results.</p> <p>Tier 2 3 World Cup placings/results from the 2019/20 season consisting of 2 top 8 placings/results and 1 top 12 placing/result.</p> <p>Tier 3 4 World Cup results from the 2019/20 season consisting of 2 top 8 placings/results and 2 top 10 placings/results.</p> <p>Tier 4 Top 12 ranking on WCR before WC finals.</p> <p>Tier 5 3 World Cup placings/results from the 2019/20 season consisting of 3 top 10 placings/results and top 16 overall WCR before WC finals.</p> <p>Tier 6 2 World Cup placings/results from the 2019/20 season consisting of 2 top 10 placings/results and: * 1 EC podium if 3 or less EC races are raced ** 2 EC podiums if 4 or more races raced</p>

5.4 Ranking of athletes considered for nomination for the “B” Team:

- 5.4.1 Athletes will be ranked based on the tiered system within the “B” Team performance criteria.
- 5.4.2 There is an expectation that B team athletes will demonstrate forward progress year to year towards A Team performance criteria.
- 5.4.3 The CSCT Leadership shall complete the individual evaluations and reserves the right to **not**-nominate an Athlete if forward progression is not evident.

5.5 For the “C” Team, an Athlete will be considered for nomination and will receive an invite to the CSCT Spring Evaluation Camp by meeting, at a minimum, one of the following performance criteria:

Men born 1995 & younger	Women born 1995 & younger
<p>(1.) 2 World Cup placings/results from the 2019/20 season consisting of 2 top 32 WC placings/results</p> <p>(2.) 1 World Cup placing/result from the 2019/20 season consisting of 1 top 32 placing/result. <i>Athletes result must be within the top 80% of the finishing field</i></p> <p>(3.) 2 top 8 placing/results 2019/20 Europa Cup events Quality of race will be taken into consideration (FIS points, Track Size & Competitors) – CSCT Leadership reserves to right to omit results if event is not deemed a quality race</p>	<p>(1.) 2 World Cup placings/results from the 2019/20 season consisting of 2 top 16 WC placings/results.</p> <p>(2.) 1 World Cup placing/result from the 2019/20 season consisting of 1 top 16 placing/result. <i>Athletes result must be within the top 80% of the finishing field.</i></p> <p>(3.) 2 top 5 placing/results 2019/20 Europa Cup events Quality of race will be taken into consideration (FIS points, Track Size & Competitors) – CSCT Leadership reserves to right to omit results if event is not deemed a quality race</p>

5.6 Ranking of athletes considered for nomination for the “C” Team:

- 5.6.1 Any athlete that meets any of the above criteria will be invited to the CSCT Spring Evaluation Camp
- 5.6.2 Athletes will be ranked based on the tiered system within the C team performance criteria, as well as their CSX-PRC score
- 5.6.3 A maximum of 4 male and 4 female athletes may be recommended for nomination to the “C” Team. Team size per gender are independent of each other.
 - 5.6.3.1 Athletes who were nominated to C team the previous year but did not meet criteria due to injury are excluded from the above quota
 - 5.6.3.2 If overall team size & team financials allow, CSCT leadership reserves the right to increase team quota to a maximum of 5 males & 5 females. Team size per gender are independent of each other.
- 5.6.4 There is an expectation that C team athletes will demonstrate forward progress year to year towards B team performance criteria.
- 5.6.5 If, for any reason, CSCT is unable to host a Spring Evaluation Camp, athletes will be ranked and nominated based on the above criteria, the CSX-PRC & coaches discretion based on the athletes ability to meet points 2.3 & 5.6.4.
- 5.6.6 The CSCT Leadership shall complete the individual evaluations and reserves the right to **not**-nominate an Athlete if forward progression is not evident

5.7 Nomination with Coaches Discretion

- 5.7.1 In the event an Athlete does not meet the criteria thresholds set out above, the Athlete may still be considered for nomination to the CSCT “A”, “B”, “C” teams based on “Coaches Discretion”. The CSCT Leadership have the sole discretion to recommend for nomination, any Athlete to the CSCT “A”, “B”, “C” teams under Coaches Discretion.
- 5.7.2 Any nomination based on Coaches Discretion may require the Athlete to meet individualized criteria throughout the Competitive Season in order to remain a member of the CSCT.
- 5.7.3 Coaches discretion nominations will be based on various considerations, including, but not limited to:
 - An evaluation of technical skiing ability and heat racing ability, as well as results achieved at an appropriate level of competition; Olympics, World Championships, World Cup, World Junior Championships & Europa Cup
 - World Cup Spot earned at the Nor-Am or World Cup level
 - Previous motivation, performance, attitude & commitment to the program
 - General level of fitness & athletic potential
 - Ideal functional size of training groups
 - Current injury status and/or injury history
 - Injury or illness has prevented the athlete from achieving the criteria mentioned in these nomination guidelines;
 - The athlete achieved results deemed by CSCT Leadership to be comparable to nomination criteria prior to their injury status
 - The athlete has committed to a return to snow program and it expected to return to full capabilities and either meet or exceed other nominated athletes
 - The athlete has a doctors certificate attesting full recovery is expected and the indication of the estimated recovery period

6. **CSCT NOMINATION PROCESS**

6.1. The Technical Director for the Provincial or Territory Sport Organization (“PTSO”) in each province or an athlete who is a 2019-20 Alpine Canada Alpin registered Competitive member or any CSCT Coach may identify an Athlete for nomination by providing the following materials to the Athletic Director prior to April 1, 2020:

- I. Complete FIS race results from the Competitive Season (Alpine and Freestyle);
- II. FIS Rankings in all disciplines (Freestyle and/or Alpine) for the past 3 years;
- III. Medical history for the previous three seasons including all surgical or concussion injury information; and
- IV. Fitness testing results from the previous two seasons, which may include Pentajump, Counter Movement Jump, 1RM Power Clean, 1 RM Back Squat, 1 RM Prone Row, Max Pull ups, Max Push Ups, Edgerin Lateral Shuffle, 5-10-5 Pro Agility, 90 sec Box Jump, 20m Beep Test, Max Aerobic Power bike protocol, Height, Weight and Anthropometric profile.

The CSCT Leadership shall consider the list of identified athletes and, at its sole discretion, prepare a final list of invitees to a CSCT Spring Evaluation Camp.

6.2. All CSCT Athletes shall be considered for nomination to the CSCT.

- I. CSCT Leadership will complete season end evaluation form and provide this to CSCT athletes
- II. CSCT Athletes considered for Coaches Discretion shall be notified and have a reasonable opportunity to review and provide written comments appended to the Season End Evaluation form prior to the Coaches Nomination Meeting.
- III. CSCT athletes considered for the C team will be evaluated at the CSCT spring evaluation camp (on-hill & dryland)

6.3. The CSCT shall meet at a Coaches Nomination Meeting and shall make recommendatiosn for nomination to the CSCT A, B & C teams

6.4. CSCT Athletic Director shall provide the members of the TSAC with the Season End Evaluation forms for each Athlete and the minutes of the Coaches Nomination Meeting, including without limitation, the applicable criteria used, previous results considered, any specific information applicable to Athletes recommended for nomination under Coaches Discretion, and any other relevant comments, finding or conclusions of the CSCT Leadership arising from the Coaches Nomination Meeting (the “Athlete Nomination Package”). The Athlete Nomination Package and the CSCT Leadership’s recommendations for nomination shall be provided to the TSAC at least two (2) days in advance of the TSAC Nomination meeting.

6.5. At the TSAC Nomination Meeting the TSAC shall review the CSCT Leadership recommendations and determine if the Nomination Guidelines have been applied reasonably to each Athlete considered. If the TSAC is satisfied that the Nomination Guidelines have been applied reasonably then they shall accept the CSCT Leadership recommendations and shall:

6.5.1. Nominate Athletes to the “A,” “B” & “C” Teams of the CSCT and impose criteria for Athletes chosen under Coaches Discretion if applicable; and,

6.5.2. In the event that TSAC determines that the Nomination Guidelines have not been applied reasonably to any Athlete, the TSAC shall advise the CSCT Leadership in writing of their findings and shall require the CSCT Leadership to conduct a second assessment of the Athlete. The CSCT Leadership shall provide the TSAC with minutes of the second assessment, including applicable criteria and previous results relied on, any comments related to their second assessment and their decision for, or `against, recommending the Athlete for nomination to the CSCT. The minutes shall be provided to the TSAC within two (2) days of the second assessment. The TSAC shall not nominate an Athlete to the CSCT “A”, “B” & “C” team unless they are satisfied that these Nomination Guidelines have been reasonably applied.

- 6.6. All TSAC nominations shall be forwarded to the Board of Directors of ACA (the “BOD”) for final ratification.
- 6.7. The CSCT Athletic Director within seven (7) days of the BOD ratification shall notify, by telephone or e-mail those Athletes selected to CSCT “A”, “B” & “C” Teams. Those athletes considered but not selected, will be contacted by the ACA Athletic Director- CSCT or his designee, by telephone and e-mail.

7. NOMINATION CRITERIA FOR INVITATION TO THE CSCT SPRING EVALUATION CAMP

- 7.1. Athletes eligible for consideration for the CSCT Spring Evaluation Camp shall be selected in accordance with this policy
- 7.2. CSCT Leadership shall consider Athletes for the CSCT Spring Evaluation Camp based on:
- Athletes meeting “C’ team criteria
 - Athletes having FIS Freestyle – Ski Cross points of 40 or more;
 - Athletes having FIS Alpine points in SL, GS and SG of 100 or less;
 - Application packages for consideration for the CSCT Spring Evaluation Camp by an any athlete not currently a member of CSCT should be submitted on the CSX application template, available online or by request from lkucera@alpinecanada.org
 - Completed application package should be sent to Manager, Team Operations - Lauren Kucera (lkucera@alpinecanada.org) by April 15th
- 7.3. Athlete invitation to the CSCT Spring Evaluation Camp will be based on the following:
- The number of Athletes invited to the CSCT Spring Evaluation Camp may be limited to a maximum of twenty (20) with no more than 10 male and 10 female Athletes;
 - Special Athlete Invitation – an invitation will be extended to the men’s and women’s top 3 at the National Ski Cross U-21 Championships (if applicable).
 - “Coaches Nomination” the CSCT- Head Coaches or ACA Athletic Director – Ski Cross reserve the right to select, at their sole discretion, up to four (4) Athletes, male or female, for invitation to the CSCT Spring Evaluation Camp (the “Coaches Nomination”).
- 7.4. ACA’s Athletic Director – Ski Cross and the CSCT- Head Coaches will finalize the list of Athletes who will be invited to the CSCT Spring Evaluation Camp by no later than April 20th
- 7.5. The CSCT Leadership will evaluate the Athletes at the CSCT Spring Evaluation Camp based on numerous criteria, including without limitation, technical free skiing ability in all terrain, adaptability to terrain and features based on objective basis (timing) and subjective evaluation, evaluation of various “racing skills”, physical evaluation including a “coordination component”, and medical assessment (the “Scouting Report”). The CSX - PRC shall be used by the CSCT Leadership in making their recommendations to the TSAC
- 7.6. The final nomination of the CSCT “C” Team for 2020/21 will follow the same process as set out in Section 6 – CSCT NOMINATION PROCESS
- 7.7. If, for any reason, CSCT is unable to host a Spring Evaluation Camp, athletes will be ranked and nominated based on the above criteria, the CSX-PRC & coaches discretion based on the athletes ability to meet points 2.3 & 5.6.4.

8. ATHLETE DE-SELECTION

- 8.1. If during the season, an Athlete fails to achieve results in training or competition commensurate with immediate peers, is unlikely to be rehabilitated from injury within a reasonable period, or fails to meet any other expectations, standards or guidelines that is material to the Athlete’s performance or participation on the CSCT, then the ACA Athletic Director – Ski Cross may in their sole discretion, de-select a CSCT Athlete from the CSCT “A”, “B” or “C” Team. The ACA Athletic Director – Ski Cross shall be responsible

for notifying the Athlete by telephone and e-mail, that they have been deselected from the applicable team. Upon notification, the de-selected Athlete is no longer a CSCT Athlete.

9. APPEALS

9.1. Any dispute in relation to the 2020-21 nomination process must be brought directly to the SDRCC to be heard pursuant to the Canadian Sport Dispute Resolution Code.

9.2. An Athlete who wishes to appeal the team nominations shall, within 3 business days commencing from the day following the release of the public team announcement, file an appeal with the SDRCC.

9.3. Appeals will not be accepted past this time frame.

9.4. The ACA Board Athlete Representative will be an available resource to any athlete pursuing an appeal.

N.B. In the event of a discrepancy between the English and French version of the 2020-2021 Nomination Guidelines, ACA will refer to the English Version.