Integrated Support Team Lead and Therapist for CAST Women

Reports to: High-Performance Director, CAST, Head Coach

The Position:
Alpine Canada Alpine (ACA) is the national governing body for Ski Racing in Canada and home to three of Canada's most exciting snow sports: Alpine, Para-Alpine and Ski Cross Racing. The organization has new Board and senior leadership that is committed to its vision for Canada to be a World Class ski racing nation that is inspired by the passion and performance of Canada's ski teams. ACA leads the achievement of Canada's ski teams' podium success and inspires the next generation of ski racers and fans.

We are currently seeking an experienced and motivated individual to join our organization in the role of **Integrated Support Team Lead and Therapist for CAST Women.**

Reporting to the High-Performance Director for CAST and the Head Coach, the Integrated Support Team Lead and Therapist for CAST Women will guide and oversee the CAST applied strategy of Sport Sciences and Sport Medicine services to the Women's National Team and lead the treatment of athletes for the Women's Alpine Team during both daily training and competition. The IST Lead must possess a therapist practitioner background.

Duties:

- Lead monthly IST meeting
- Supervise rehabilitation for athletes returning to sport / performance
- Supervise and lead all therapist within the Women's Alpine Ski Team
- Supervise Lead psychologist
- Lead, in conjunction with HPD, Head Coach and relevant medical staff, COVID-19 protocols for travel, camps, and competitions.
- Manage IST contractors coordinated with HPD and Head Coach
- Support, develop and Implement systems within entire scope of the IST program for Women's Alpine Ski Team
- Work with International Para-medical lead
    - Coordinate follow up in Canada for injured athletes
    - Arrange physician coverage for speed training / competitions
    - Coordinate & quarterback in country injury plan and response with other therapists when you are not on the scene in with International Para-medical lead
- Co-ordinate therapy & reporting for all CAST Women's team athletes
- Complete MSK assessment for all athletes

    - Annual full screen
    - Monthly monitoring
- Deliver therapy when team is on the road for training / competition
    - Potential to replace self with alternative therapists for camps, as pre-arranged with Head Coach
- Work with S & C team
    - Ensure balanced programme design to integrate pre / rehabilitation
    - Assist with monitoring wellness metrics
    - Assist with fitness testing & monitoring
- Co-ordinate vision testing & training
- Co-ordinate nutritional monitoring & guidance
- Annual report Including:
    - Injury time loss to training/competition data
    - Effectiveness of injury prevention plans
    - Resource management
    - Additional contractor/staff utilization and evaluation

Working Conditions

- Full Time position with constant travel required
- Significant time working outdoors in winter conditions
- Requires lifting, walking and skiing
- Significant overtime required during peak periods to be taken as time in lieu as scheduling permits

Employment Requirements

Qualifications:

- Physiotherapy
- Sports Physiotherapy
- Strength & Conditioning
- Ability to demonstrate affiliation with current research
- Possesses relevant education, degrees and certifications, and is registered member within their domain of therapy
- Demonstrates strong leadership abilities.
- Demonstrated ability to integrate and work alongside coaches and high-level sport administrators
- Ability to demonstrate strong knowledge of the Canadian sport system and key trends in international high performance sport

- Demonstrated experience in all aspects of Sport Science & Medicine with past experience leading subject matter experts and integrated support teams
- Ability to demonstrate excellent planning, monitoring, and evaluation skills.
- Excellent inter-personal, negotiation, collaboration and communication characteristics.
- Self-motivated with the ability to use initiative in problem solving;
- This position requires extensive travel as the role is in the field of play full-time
- This position requires residing in Canada when not traveling with the Team
- Bilingualism (French and English) is considered an asset

Experience:

- Minimum 5 years working in High Performance sports
- Minimum 3 years working in Multi-disciplinary teams
- Minimum 2 years of experience in leading an IST team

Additionally, the candidate must be able to demonstrate excellent interpersonal and collaborative skills with experience working in complex workplaces with many key stakeholders. Understanding the various software (Office, Google Docs, Adobe, etc.) is also an asset.

Please send your cover letter and resume to careers@alpinecanada.org. Interviews will take place via teleconference.

We thank all applicants for their interest; however, only those considered for an interview will be contacted.

CONTACT INFORMATION

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*** Integrated Support Team (**IST**): **is** a multi-disciplinary team of **sport** science, **sport** medicine and **sport** performance professionals that support coaches and athletes in their Daily Training Environment/Competition Environment (DTE/CE).*