





Information Note for the Return to Competition Assessment Tool (R-CAT) for **High Performance Sport in Canada**

Dear Sport,

This Assessment Tool is intended to support you in considering a return to a competitive environment during the current COVID-19 pandemic. The decision-making regarding attending competitions domestically or internationally and presents questions regarding the organization of the sport addition to information available through your local Public Health Authorities, this Tool should help you to:

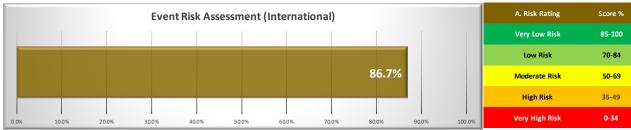
- * assess the risk of the domestic and/or international competition event in quantitative and qualitative ways,
- * establish the competition event's preparedness for the risks of COVID-19,
- * clarify the steps to take to further mitigate and reduce the risk.

Some key considerations are necessary before using this Tool:

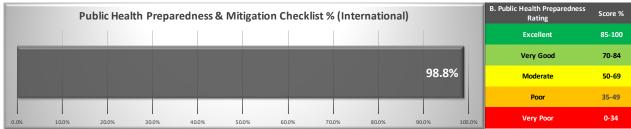
- * The risk assessment questions in this Tool have been specifically developed to assist sport technical leaders in assessing mass participation even based on World Health Organization documents published in the context of the COVID-19 outbreak.
- * These documents do not impose legal requirements and all local and/or federal health and safety legislation and regulations should be complied government and public health authorities' guidance should be followed and take precedence over these recommendations. These documents sho considered as recommendations resulting from a consensus agreement among international sports federations, public health experts, internation medicine experts, representatives of private events' organisers and the main stakeholders of the sport events industry.
- * Local and/or federal health guidelines and regulation will always take precedence over these guidelines and guidance documents.
- * The objective is to minimise the risk as much as possible, bearing in mind that some risk will always remain.
- * We strongly recommend coordinating with your local public health authorities both domestically or internationally when planning the event an with them the results obtained from this tool. Close cooperation will ensure that a precise risk assessment is performed and that you will be prope to mitigate the risks and protect the local community as well as the event's participants and all others involved in the running of the event.
- * We recommend that you use this tool at the beginning of the organization/planning phase of attending event and repeat it every time there is change which could have an impact on the competition event (change in pandemic stage, new findings on the virus, new public health recommenforced change in your race set-up).
- * It is important to acknowledge that by using this Tool there is no guarantee that the suggested mitigation actions will be enough to sufficiently risk and allow you to safely stage the event. This decision to travel to a competition should be made with a Chief Medical Officer (CMO) and/or wit health authorities and consider all data and information available.
- * This Tool adopts the World Health Organisation WHO's definition of Mass Gathering Events, which states "...characterized by the concentration of the concentration of Mass Gathering Events, which states "...characterized by the concentration of the concentra at a specific location for a specific purpose over a set period of time and which has the potential to strain the planning and response resources of t or community."
- * Although in the context of mass participation sports events the size of the gathering clearly has an impact on the associated risks, the definition to any specific number of people (athletes, volunteers, workforce), because each community in Canada or country has a different capacity to many of people and respond to emergencies. Therefore, the current tool can apply to competitive events of all sizes through a scalable approach.
- * As the intention of this tool is for it to be applicable to all mass participation sport events (regardless of the sport, competition level and event si items might not be applicable to your specific context. Nevertheless, this Tool's objective is to provide useful information on how the risk of infectitransmission can be mitigated in a competitive environment both at home and abroad.

This tool and the documents that it relies on, should be considered living documents that will be updated as soon as more evidence and scientific-k knowledge on the current infectious outbreak are available. Therefore, we encourage you to regularly check this website to use the latest version

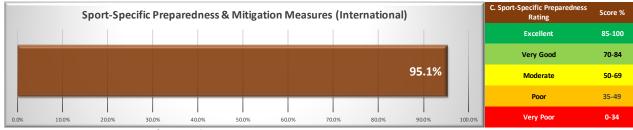
Event Risk Assessment and Mitigation Checklist Tool



A. This bar graphic represents the risk assessment of your event. Based on the information you provided it shows a risk assessment score that incorporates factors specific to mass participation sporting events. The higher the percentage, the better the mitigation score.



B. This bar graphic represents the public health preparedness of your event. Based on the information you provided it shows the areas of strength of your medical plan and those areas that require a further improvement. The higher the percentage, the better the mitigation score.



C. This bar graphic represents the sport specfic preparedness of your event. Based on the information you provided it shows the areas of strength of your medical plan and those areas that require a further improvement. The higher the percentage, the better the mitigation score.

The questions below will en reassessed regularly during t must be coordinated and intepidemiological situation.

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able sport event organizers to review the additional considerations specific to sporting events involving mass participation the planning phase and updated immediately prior to the transition to the operational phase, especially in light of the rap tegrated with the host country's national risk assessment for COVID-19. The person completing the questionnaire should i

Risk Assessment (International)

Please answer Yes or No to the following questions to determine a risk assessment score that incorporates factor sporting events

Risk Assessment

Will the event be held in a location that has documented active local transmission of COVID-19 (community spread

Will the event be held in multiple venues/cities/regions/countries?

Will the event include non-local participants (athletes) from areas that have documented active local transmissic

Will the event include a significant number of participants (athletes) at higher risk of severe COVID-19 disease (edisabilities, people with underlying health conditions)?

Will the event include conditions that could increase the risk of spread for COVID-19 (e.g. mass start or mass arri unavoidable contact or limited distancing measures)?

Will the event be held indoors?

Will athletes, coaches, support and organization staff have prolonged close interaction (i.e. within 2 metres) with

Will the competition/event involve activities that may increase the potential of droplet spread (e.g. cheering or s

Will athletes, coaches, support and organization staff frequently have contact with high-touch surfaces (i.e. frequently high-touch surfaces (i.e. frequently high-touch surface

Will the competition event be crowded (i.e. high density of people in close proximity)?

Will the competition event last a few hours or several days?

Will the competition event be limited to essential personnel only?

Will media and spectators be restricted or limited in the competition environment?

Will the athletes, coaches, support and organization staff be able/likely to follow hygiene practices such as frequestive respiratory etiquette, physical distancing, and isolating themselves if they feel ill?

Will the set-up at the competitionevent enable accessibility for attendees when following personal protective prastations/supplies at varying heights) and a culturally safe space to isolate if an attendee becomes ill?

What is the WHO related pandemic phase of the country in which the event will take place?

Public Health Preparedness (Internat

Mass gathering mitigation checklist for COVID-19: addendum for sporting events

asures assess the current effort and planning to reduce the risk of spread of COVID-19 disease for the event. As mitigation mea understanding of the overall risk of transmission and further spread of COVID-19, should the mass gathering be held. Togethe ID-19 in relation to the mass gathering. E.g., "To maximize safety, use a 'layered' approach with multiple measures to reduce Ie overall potential to mitigate COVID-19 risks"

Understanding of the overview of the current COVID-19 situation by the event organizers

Have the event organizers and responsible staff been informed about the latest available guidance on the COVID-available from WHO, CDC, ECDC, UN, Public Health Agency of Canada (PHAC), International Sport Federations, loc the organizers and staff concerned committed to following the available guidance?

Are organizers aware of global and local daily situation reports as provided by WHO or local public health authori

Do the organizers and responsible staff understand the risks and transmission routes of COVID-19, the steps that spread, the recognized best practices (including respiratory etiquette, hand hygiene, physical distancing, etc.), an different countries that may affect the mass gathering?

Event emergency preparedness and response plans

Has a medical response contingency plan for COVID-19 been developed for this mass gathering sporting event?

Does the medical response contingency plan include information about how attendees should interact with the h hotline/helpline telephone number, medical teams and first-aid points for the mass gathering, local health care so there an Emergency COVID-19 Outbreak Response Coordinator/Team in the organizing committee or other structure of the continuous planning for the outbreak?

Has the host country/local authorities or organizer requested support from WHO and/or local public health authorities
Have the organizers of the mass gathering event acquired the following supplies to help reduce the risk of trans
Personal protective equipment (e.g. masks, gloves, gowns) for onsite medical personnel
Hand sanitizer and alcohol rubs/gels, tissues, frequently replaced soap canisters and closed bins for safe disposa towels, sanitary products) in washrooms and changing rooms
Hand sanitizers and alcohol rubs for all entrances and throughout all venues
Provide non-medical masks (NMM) for use by non-medical staff/general attendees
If a person feels unwell/ shows symptoms of an acute respiratory infection during the event:

Is there a procedure for athletes or spectators to clearly identify whom to contact and how to do so if they or oth

Is there a protocol for whom meeting organizers should contact in the hosting location to report suspected cases epidemiological investigations?

Are first-aid services or other medical services in-place and equipped to support patients with respiratory symptom

Are there isolation rooms or mobile isolation units available onsite?

Are there any designated medical facilities that manage patients with COVID-19 infection in the hosting location

Are there transporation services with trained medical professionals available to transport critically ill patients wi to a hospital or to evacuate them from the hosting location, if necessary?

Has a cleaning schedule been developed to ensure all venues are clean and hygienic – wiping surfaces and any ec is strongly recommended (before, during and after the event and between each competition start)?

Are there established screening measures, including temperature checks in place for participants at the point of medical facilities (first-aid points)?

Is the host country/location conducting COVID-19 laboratory diagnostic tests?

Does the host country/location have a public health emergency preparedness and response plan that can address including COVID-19?

Is there a preliminary agreement by the hosting location to provide care for any COVID-19 cases connected with t

If the event is for a duration of 14 days or longer, does the medical response plan for the event include resources health interventions that would be necessary and supporting the national public health authorities if participants the event? (If the event is for less than 14 days, please answer No, not considered)

If the event is for less than 14 days, does the medical response plan include protocols for organizers to notify all | COVID-19 if the organizers are made aware of any suspected or confirmed cases that attended the event? (If the answer No, not considered)

Is testing available for athletes and staff for COVID 19?

Populate and keep detailed lists of attendees and their contact information (e.g., sign in sheet, /log book maintal sharing of communal pens/papers) in a safe and secure manner to facilitate public health investigation investigation event of an exposure at the gathering/event

Stakeholder and Partner Coordination

Are there clear and easily understood processes in place for reporting to external multi-sectoral stakeholders (inc CDC, ECDC, etc.) and disseminating risk communication messages (Media)?

Command and Control

Is there a decision-making authority/body and an established procedure to modify, restrict, postpone or cancel th related to the evolving COVID-19 outbreak?

Is there a plan to activate a strategic health operations centre if there are suspected COVID-19 cases in connection

Have the mass gathering organizers, volunteers, workforce and staff undergone training and exercises on person mitigation measures (including those specifically listed in this checklist)?

Is there a plan for financial consequences of any modification, delay or cancellation of the event by the organizer

Risk Communication

Is there a risk communication strategy for the event mass gathering in regard to COVID-19?

Is there a designated person(s) to lead media activities and tasked with managing all external communications v government officials, the general public, and the media?

Will national and international media as well as social media be monitored to quell or clarify rumors?

Will there be a coordinated effort between official media channels and social media sites such as Twitter, Faceb targeted messaging from event organizers to counter rumors and false statements as well as to provide updates

Public health awareness of COVID-19 before and during the event

Has public health advice on clinical features of COVID-19, preventive measures such as respiratory etiquette, han distancing, been shared with all staff and volunteers involved in the event, athletes, the public, and personnel of Has information on the at-risk populations been provided to all athletes, the public and others so they may make attendance based on their personal risks?

Has public advice included information on the meaning of the following measures: quarantine, self-isolation and

Will the event OC provide regular pandemic status updates before, during and after the event?

Surge Capacity
Are there any surge arrangements in place in the event of a public health emergency during the mass gathering of COVID-19?
Do these surge arrangements include funding for mitigation measures?
Do these surge arrangements include stockpiles of equipment (e.g. personal protective equipment, etc.)?
Do these surge arrangements include training of extra staff?
Is there a plan to use volunteers and if so, are there surge arrangements for this group?
Discourage ill individuals from attending the event
Discourage in muividuals from attending the event
Have competition organizers established plans to discourage people who are ill from accessing/attending the ga
including attendees, planners, organizers, operators, contractors, and all others who interact with the setting bef
Are there established screening measures, including temperature checks in place for participants at the point of medical facilities (first-aid points)?
Administrative Controls

Has a cleaning schedule been developed to ensure all venues are clean and hygienic – wiping surfaces and any ed is strongly recommended (before, during and after the event and between each competition start)?
Is there a modified practices and programming to reduce how long attendees are in contact with each other and
contact with each other?
Physical Distancing
Have competition organizers promoted physical distancing (keeping a distance of 2 metres from others), which is reduce the spread of illness?
Have competition organizers created physical barriers between attendees and/or staff when physical distancing
Engineering Controls
Have competition organizers increase ventilation?
Have competition organizers mitigated risks from exposure to high-touch surfaces (i.e. frequently touched by oth
Non-Medical Masks / Personal Protective Equipment

Have competition organizers mitigated risk for people at higher risk of severe illness due to COVID-19?
Have competition organizers considered/implemented a policy about attendees wearing masks is required for you
Quarantine
Will travellers be screened prior to their departure?
Will travellers be reminded not to travel if feeling ill?
Will appropriate transportation from the airport to the accommodations be organized for travellers?
Are there appropriate accommodations that can fulfill quarantine requirements?
Will travellers be reminded that they are not to leave their hotel room during quarantine, nor use hotel amenitie restaurants/bars, gym facilities, pool/spa/sauna)?
Are travellers aware of what symptoms to monitor for and who to contact if they become ill?
Are travellers able to access essential needs safety (i.e. contactless meal and medicines delivery) during self-iso
Public Health Preparedness Summary
Public Health Frepareulless Summary

Sport-Specific Preparedness (Interna

Specific Mitigation Measures

Mitigation Measures - Athlete Related

Will the competition be limited to elite/professional athletes?

Will the athletes be separated from other groups, such as officials, support staff and spectators, to limit transmi

Have pre-travel health checks been performed on all athletes to ensure underlying co-morbidities and disabilities

Will athletes be given sealable bags/containers to allow for the safe disposal or storing of all hygienic materials etc.)?

Will there be daily health checks for participants on site?

Mitigation Measures - General Hygiene

Are there preventive measures in place to safely manage the re-hydration, re-fueling stations on the competition services?

Are there measures in place to limit the sharing of equipment, towels, etc.?

Will cleaning and disinfection of common areas and equipment (e.g. restrooms, changing rooms, call rooms, mix

Mitigation Measures - Workforce Related

Will there be an individual risk assessment and management strategies in place for categories (participants, volumestricted areas?

Will there be daily health checks for categories (participants, volunteers, workforce) with access to restricted are

Staff - are all support staff essential for travel or can their support be virtual

Mitigation Measures - Competition Course Related

Can the start line, finish line and/or competition course be redesigned to limit potential transmission?

Mitigation Measures - Spectators' Related

Can the event be held without spectators, VIPs and guests?

Will the sporting event have designated seating for all spectators, VIPs and guests?

Mitigation Measures - Travel and Transportation

Can teams access direct flights or private ground transportation to the competition?

Will teams have separate transport from lodging to competition venue and have proper cleaning of the vehicles I

Will teams have their own separate non buffet style meal areas at the hotels?

Will quarantine be required pre and / or post competition?

Will screening testing be required by the OC (at who's cost?)

Will use of public transportation and ridesharing services be avoided?

Will teams implement "cohorting" when travelling in smaller groups with multiple vehicles?

Will seats in busses/shuttles be blocked off to facilitate physical distancing?

Will physical barriers (e.g., plexiglass) be implemented in busses/shuttles to protect the driver?

Will vehicle windows be open to increase air ventilation?

Will drivers/passengers be required to wear non-medical-masks/face coverings?

Will there be frequent disinfection of high-touch surfaces (e.g., door handles, seatbelts)?

Mitigation Measures - Accommodation

Will accomodation facilities be for the exclusive use of event / camp participants?
Will accomodations have segregated facilities and common areas for groups or teams from different regions or
Will sleeping arrangements allow 1 or maximum 2 members per room with private bathrooms?
Will hotel staff undergo daily screening?
Will there be mandatory mask policies for hotel staff?
Are hotel staff able to consistently follow physical distancing?
Mitigation Measures - Insurance
Will COVID-19 insurance be in place by the OC or federation?

Sport-Specific Preparedness Summary

Does insurance include prolonged quarantine and hospital stays, including support staff?

f COVID-19 associated with the event. This will help organizers to understand and managerence should be made to the latest technical guidance and situation reports on the WH authorities, consult WHO's latest technical guidance, the specific International Sport F

Answer (Dropdown)	Comments/Details
Yes	If there are limits on gathering size answer yes
No	
No	
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Yes	

Active Outbreak		
Answer	%	
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Answer (Dropdown)		Comments/Details

ss gathering contributing to the spread of COVID-19, they should be taken into account ar ation measure will contribute to the decision matrix and influence the assessment of the c reasing the number of interactions with others and increasing the safety of interactions. L

Yes (Completed)		
Yes (Completed)		
Yes (Completed)		
Answer	%	Score
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No (Not Considered)		
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0	0.0%	0
1	25.0%	1
4		10

%	Score
100.0%	9
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2	100.0%	6
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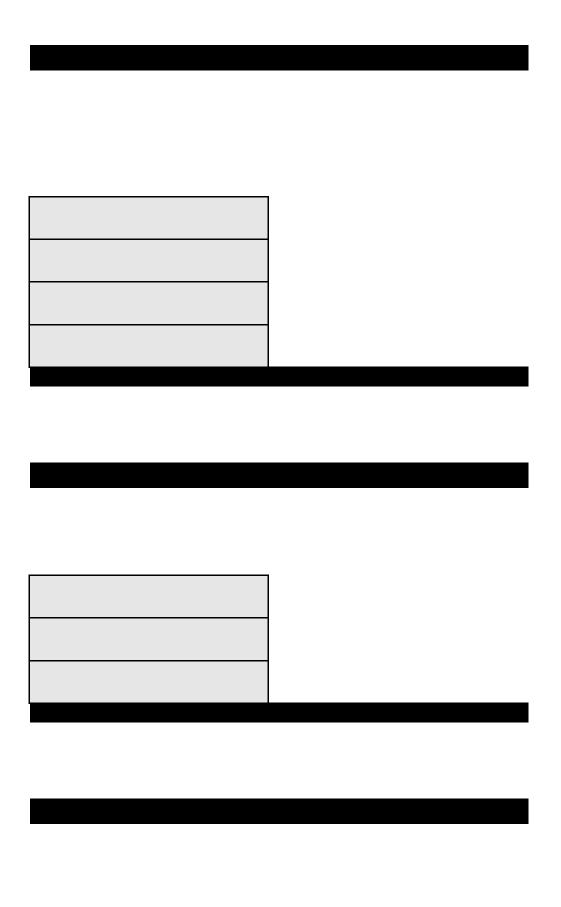
Answer	%	Score
31	91.2%	93
1	2.9%	2
2	5.9%	2
34		97

ge any additional risk from COVID-19. The risk assessment should be reviewed and IO website. The risk assessment for COVID-19 associated with the sporting event ederation and ensure that there is an up-to-date evaluation of the

	A. Risk Rating	Score %
	Very Low Risk	85-100
Name of Responsible Person	Low Risk	70-84
	Moderate Risk	50-69
	High Risk	35-49
	Very High Risk	0-34

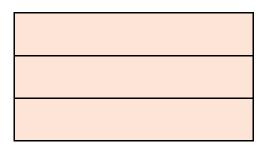
	B. Sport-Specific Preparedness Rating	Score %
Name of Responsible Person	Excellent	85-100
	Very Good	70-84
fter the risk assessment has occurred to overall risk of transmission and further ayering multiple mitigation measures	Moderate	50-69
	Poor	35-49
	Very Poor	0-34

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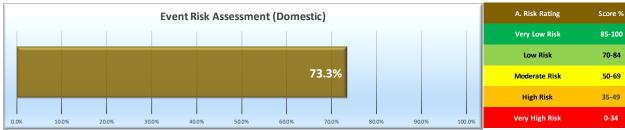
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Excellent Very Good Moderate	85-100 70-84
	70-84
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Moderate	50-69
Poor	35-49
Very Poor	0-34

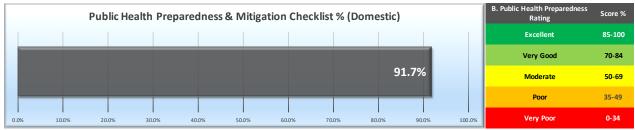


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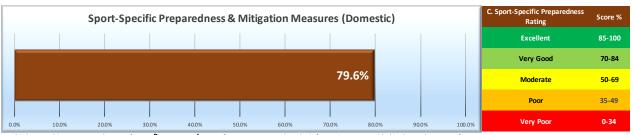
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Sport-Specific Preparedness

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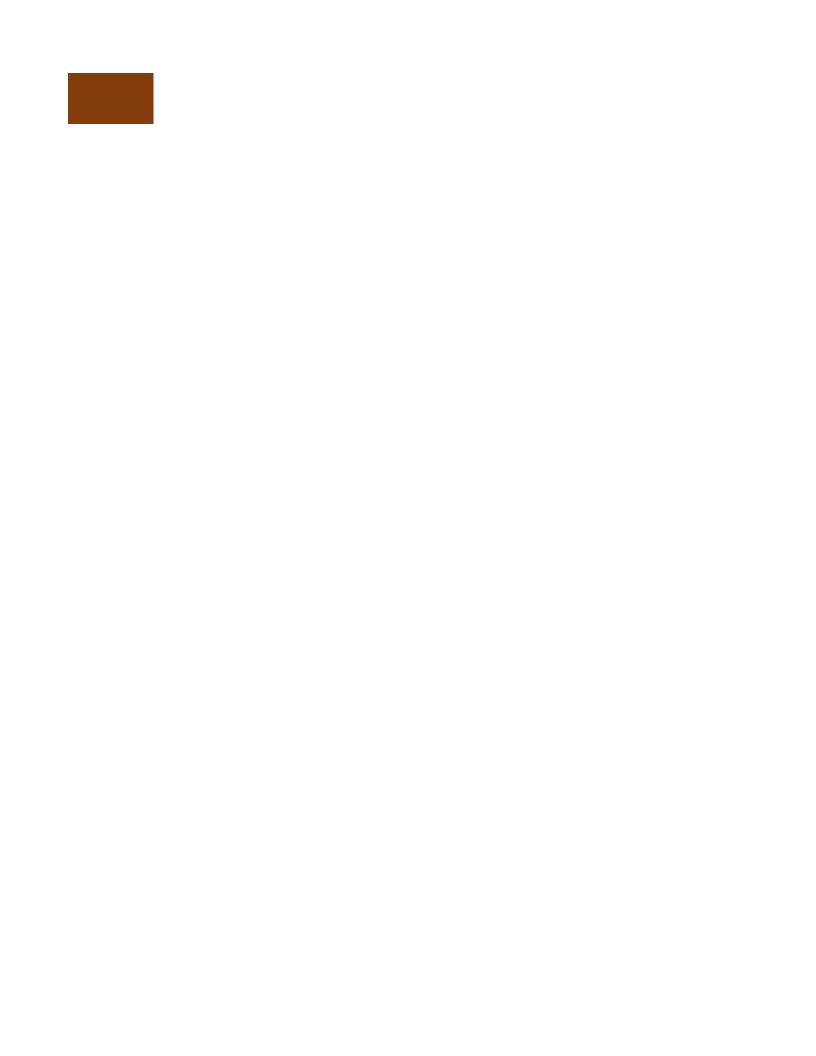
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able sport event organizers to review the additional considerations specific to sporting events involving mass participation the planning phase and updated immediately prior to the transition to the operational phase, especially in light of the rap tegrated with the host country's national risk assessment for COVID-19. The person completing the questionnaire should i

Risk Assessment (Domestic)

Please answer Yes or No to the following questions to determine a risk assessment score that incorporates factor sporting events

Risk Assessment

Will the event be held in a location that has documented active local transmission of COVID-19 (community spread

Will the event be held in multiple venues/cities/regions?

Will the event include non-local participants (athletes) from areas that have documented active local transmissic

Will the event include a significant number of participants (athletes) at higher risk of severe COVID-19 disease (edisabilities, people with underlying health conditions)?

Will the event include conditions that could increase the risk of spread for COVID-19 (e.g. mass start or mass arri unavoidable contact or limited distancing measures)?

Will the event be held indoors?

Will athletes, coaches, support and organization staff have prolonged close interaction (i.e. within 2 metres) with

Will the competition/event involve activities that may increase the potential of droplet spread (e.g. cheering or s

Will athletes, coaches, support and organization staff frequently have contact with high-touch surfaces (i.e. frequently high-touch surfaces (i.e. frequently high-touch surface

Will the competition event be crowded (i.e. high density of people in close proximity)?

Will the competition event last a few hours or several days?

Will the competition event be limited to essential personnel only?

Will media and spectators be restricted or limited in the competition environment?

Will the athletes, coaches, support and organization staff be able/likely to follow hygiene practices such as frequestive respiratory etiquette, physical distancing, and isolating themselves if they feel ill?

Will the set-up at the competitionevent enable accessibility for attendees when following personal protective prastations/supplies at varying heights) and a culturally safe space to isolate if an attendee becomes ill?

Public Health Preparedness (Domest

Mass gathering mitigation checklist for COVID-19: addendum for sporting events

asures assess the current effort and planning to reduce the risk of spread of COVID-19 disease for the event. As mitigation mea understanding of the overall risk of transmission and further spread of COVID-19, should the mass gathering be held. Togethe ID-19 in relation to the mass gathering.

Understanding of the overview of the current COVID-19 situation by the event organizers

Have the event organizers and responsible staff been informed about the latest available guidance on the COVID-available from WHO, CDC, ECDC, UN, International Sport Federations, local public health authorities)? And are the committed to following the available guidance?

Are organizers aware of global and local daily situation reports as provided by WHO or local public health authori

Do the organizers and responsible staff understand the risks and transmission routes of COVID-19, the steps that spread, the recognized best practices (including respiratory etiquette, hand hygiene, physical distancing, etc.), an different countries that may affect the mass gathering?

Event emergency preparedness and response plans

Has a medical response contingency plan for COVID-19 been developed for this mass gathering sporting event?

Does the medical response contingency plan include information about how attendees should interact with the h hotline/helpline telephone number, medical teams and first-aid points for the mass gathering, local health care so there an Emergency COVID-19 Outbreak Response Coordinator/Team in the organizing committee or other structure defined roles and responsibilities, coordinating the health preparedness and response planning for the outbreak?

Has the host country/local authorities or organizer requested support from WHO and/or local public health author

Have the organizers of the mass gathering event acquired the following supplies to help reduce the risk of trans

Personal protective equipment (e.g. masks, gloves, gowns) for onsite medical personnel

Hand sanitizer and alcohol rubs/gels, tissues, frequently replaced soap canisters and closed bins for safe disposal towels, sanitary products) in washrooms and changing rooms

Hand sanitizers and alcohol rubs for all entrances and throughout all venues

Provide non-medical masks (NMM) for use by non-medical staff/general attendees

If a person feels unwell/ shows symptoms of an acute respiratory infection during the event:

Is there a procedure for athletes or spectators to clearly identify whom to contact and how to do so if they or oth

Is there a protocol for whom meeting organizers should contact in the hosting location to report suspected cases epidemiological investigations?

Are first-aid services or other medical services in-place and equipped to support patients with respiratory sympto

Are there isolation rooms or mobile isolation units available onsite?

Are there any designated medical facilities that manage patients with COVID-19 infection in the hosting location

Are there transporation services with trained medical professionals available to transport critically ill patients wi to a hospital or to evacuate them from the hosting location, if necessary?

Has a cleaning schedule been developed to ensure all venues are clean and hygienic – wiping surfaces and any ed is strongly recommended (before, during and after the event and between each competition start)?

Are there established screening measures, including temperature checks in place for participants at the point of medical facilities (first-aid points)?

Is the host location conducting COVID-19 laboratory diagnostic tests with testing and results available in a timely

Is there a preliminary agreement by the hosting location to provide care for any COVID-19 cases connected with t

If the event is for a duration of 14 days or longer, does the medical response p health interventions that would be necessary and supporting the national publi the event? (If the event is for less than 14 days, please answer No, not consider	ic health authorities if participants
If the event is for less than 14 days, does the medical response plan include pr COVID-19 if the organizers are made aware of any suspected or confirmed cas answer No, not considered)	
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Stakeholder and Partner Coordination	
Are there clear and easily understood processes in place for reporting to extern	nal multi-sectoral stakeholders (inc
CDC, ECDC, etc.) and disseminating risk communication messages (Media)?	
Command and Control	
Is there a decision-making authority/body and an established procedure to mo related to the evolving COVID-19 outbreak?	dify, restrict, postpone or cancel th
Is there a plan to activate a strategic health operations centre if there are susp	pected COVID-19 cases in connection
Have the mass gathering organizers, volunteers, workforce and staff undergon	e training and evercises on nerson
mitigation measures (including those specifically listed in this checklist)?	e training and exercises on person
Is there a plan for financial consequences of any modification, delay or cancell	ation of the event by the organizer
Risk Communication	
Risk Communication	

Is there a risk communication strategy for the event mass gathering in regard to COVID-19?

Is there a designated person(s) to lead media activities and tasked with managing all external communications v government officials, the general public, and the media?

Will national and international media as well as social media be monitored to quell or clarify rumors?

Will there be a coordinated effort between official media channels and social media sites such as Twitter, Faceb targeted messaging from event organizers to counter rumors and false statements as well as to provide updates

Public health awareness of COVID-19 before and during the event

Has public health advice on clinical features of COVID-19, preventive measures such as respiratory etiquette, han distancing, been shared with all staff and volunteers involved in the event, athletes, the public, and personnel of Has information on the at-risk populations been provided to all athletes, the public and others so they may make attendance based on their personal risks?

Has public advice included information on the meaning of the following measures: quarantine, self-isolation and

Surge Capacity

Are there any surge arrangements in place in the event of a public health emergency during the mass gathering of COVID-19?

Do these surge arrangements include funding for mitigation measures?

Do these surge arrangements include stockpiles of equipment (e.g. personal protective equipment, etc.)?

Do these surge arrangements include training of extra staff?

Is there a plan to use volunteers and if so, are there surge arrangements for this group?

Discourage ill individuals from attending the event
Have competition organizers established plans to discourage people who are ill from accessing/attending the gar
Have competition organizers promoted and facilitated personal preventive practices? Everyone plays a part in maincluding attendees, planners, organizers, operators, contractors, and all others who interact with the setting bef gathering/event.
Are there established screening measures, including temperature checks in place for participants at the point of medical facilities (first-aid points)?
Administrative Controls
Has a cleaning schedule been developed to ensure all venues are clean and hygienic – wiping surfaces and any ed is strongly recommended (before, during and after the event and between each competition start)?
Is there a modified practices and programming to reduce how long attendees are in contact with each other and contact with each other?
Physical Distancing
Physical Distancing
Have competition organizers promoted physical distancing (keeping a distance of 2 metres from others), which is reduce the spread of illness?

Have competition organizers created physical barriers between attendees and/or staff when physical distancing
Engineering Controls
Have competition organizers increase ventilation?
Have competition organizers mitigated risks from exposure to high-touch surfaces (i.e. frequently touched by oth
Non-Medical Masks / Personal Protective Equipment
Have competition organizers mitigated risk for people at higher risk of severe illness due to COVID-19?
Have competition organizers considered/implemented a policy about attendees wearing masks is required for yo
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Quarantine
quarantene
Will travellers be screened prior to their departure?
and the second production of the second produc

Will travellers be reminded not to travel if feeling ill?

Will appropriate transportation from the airport to the accommodations be organized for travellers?

Are there appropriate accommodations that can fulfill quarantine requirements?

Will travellers be reminded that they are not to leave their hotel room during quarantine, nor use hotel amenities restaurants/bars, gym facilities, pool/spa/sauna)?

Are travellers aware of what symptoms to monitor for and who to contact if they become ill?

Are travellers able to access essential needs safety (i.e. contactless meal and medicines delivery) during self-isol

Public Health Preparedness Summary

Sport-Specific Preparedness (Domestic)

Specific Mitigation Measures

Mitigation Measures - Athlete's Related

Will the competition be limited to elite/professional athletes?

Will the athletes be separated from other groups, such as officials, support staff and spectators, to limit transmi

Have pre-travel health checks been performed on all athletes to ensure underlying co-morbidities and disabilities

Will athletes be given sealable bags/containers to allow for the safe disposal or storing of all hygienic materials etc.)?

Will there be daily health checks for participants on site?

Mitigation Measures - General Hygiene

Are there preventive measures in place to safely manage the re-hydration, re-fueling stations on the competition services?

Are there measures in place to limit the sharing of equipment, towels, etc.?

Will cleaning and disinfection of common areas and equipment (e.g. restrooms, changing rooms, call rooms, mix

Mitigation Measures - Workforce Related

Will there be an individual risk assessment and management strategies in place for categories (participants, volumestricted areas?

Will there be daily health checks for categories (participants, volunteers, workforce) with access to restricted are

Staff - are all support staff essential for travel or can their support be virtual

Mitigation Measures - Competition Course Related

Can the start line, finish line and/or competition course be redesigned to limit potential transmission?

Mitigation Measures - Spectators' Related

Can the event be held without spectators, VIPs and guests?

Will the sporting event have designated seating for all spectators, VIPs and guests?

Mitigation Measures - Travel and Transportation

Can teams access direct flights or private ground transportation to the competition?

Will teams have separate transport from lodging to competition venue and have proper cleaning of the vehicles k

Will teams have their own separate non buffet style meal areas at the hotels?

Will quarantine be required pre and / or post competition?

Will screening testing be required by the OC (at who's cost?)

Will use of public transportation and ridesharing services be avoided?

Will teams implement "cohorting" when travelling in smaller groups with multiple vehicles?

Will seats in busses/shuttles be blocked off to facilitate physical distancing?

Will physical barriers (e.g., plexiglass) be implemented in busses/shuttles to protect the driver?

Will vehicle windows be open to increase air ventilation?

Will drivers/passengers be required to wear non-medical-masks/face coverings?

Will there be frequent disinfection of high-touch surfaces (e.g., door handles, seatbelts)?

Mitigation Measures - Accomodation

Will accomodation facilities be for the exclusive use of event / camp participants?

Will accomodations have segregated facilities and common areas for groups or teams from different regions or t

Will sleeping arrangements allow 1 or maximum 2 members per room with private bathrooms?

Mitigation Measures - Insurance

Will COVID-19 insurance be in place by the OC or federation?

Does insurance include prolonged quarantine and hospital stays, including support staff?

Sport-Specific Preparedness Summary

f COVID-19 associated with the event. This will help organizers to understand and managerence should be made to the latest technical guidance and situation reports on the WH authorities, consult WHO's latest technical guidance, the specific International Sport F

Answer (Dropdown)		Comments/Details
Yes		If there are limits on gathering size answer yes
Yes		
Yes		
No		
Yes		
No		
Yes		
Answer	%	

11

15 73.3%

Answer (Dropdown) Comments/Details

ss gathering contributing to the spread of COVID-19, they should be taken into account a action measure will contribute to the decision matrix and influence the assessment of the c

Yes (Completed)		
Yes (Completed)		
Yes (Completed)		
Answer	%	Score
3	100.0%	9
0	0.0%	0
0	0.0%	0
3		9
Answer (Dropdown)		
Yes (Completed)		
Yes (Completed)		

 Answer
 %
 Score

 4
 100.0%
 12

 0
 0.0%
 0

Yes (Completed)

Yes (Completed)

0	0.0%	0
4		12
Answer (Dropdown)		
	1	
Yes (Completed)		
Answer	%	Score
4	100.0%	12
0	0.0%	0
0	0.0%	0
4		12
Answer (Dropdown)		
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Answer	%	Score	
12	100.0%	36	
0	0.0%	0	
0	0.0%	0	
12		36	
Answer (Dropdown)			
Vos (Completed)			
Yes (Completed)			
Answer	% 100.0%	Score	
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0 0	0.0% 0.0%	0 0	
1	0.0%	3	
1		<u> </u>	
Answer (Dropdown)			
Yes (Completed)			?and financial consequences of this decision?
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Yes (Completed)			
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	9/	Caara	
Answer 4	% 100.0%	Score 12	
0	0.0%	0	
0	0.0%	0	
4		12	
Answer (Dropdown)			

Yes (Completed)			
Yes (Completed)			
Yes (Completed)			
Yes (Completed)			
Answer	%	Score	
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0	0.0%	0	
0	0.0%	0	
4		12	
Answer (Dropdown)			
Yes (Completed)			
Yes (Completed)			
Yes (Completed)			
Answer	%	Score	
3	100.0%	9	
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0	0.0%	0	
3		9	
Answer (Dropdown)			
Yes (Completed)	_		
Yes (Completed)			

Yes (Completed)

No (Not Considered)

Answer	%	Score	
3	75.0%	9	
0	0.0%	0	
1	25.0%	1	
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Answer (Dropdown)

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Yes (Completed)			
Yes (Completed)	-		
Answer	%	Score	
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0	0.0%	0	
0	0.0%	0	
O			

Answer (Dropdown)

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Yes (Completed)			
Answer	%	Score	
2	100.0%	6	
0	0.0%	0	
0	0.0%	0	
2		6	

Answer (Dropdown)

Yes (Completed)			
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Yes (Completed)		
Answer	%	Score
2	100.0%	6
0	0.0%	0
0	0.0%	0
2		6

Answer (Dropdown)

Yes (C	Completed)		
Yes (C	Completed)		
A	Answer	%	Score
	2	100.0%	6
	0	0.0%	0
	0	0.0%	0
	2		6

Answer (Dropdown)

Yes (Completed)		
Yes (Completed)		
Answer	%	Score
2	100.0%	6
0	0.0%	0
0	0.0%	0
2		6

Answer (Dropdown)

Yes (Completed)			
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Υ	es (Completed)			
	Answer	%	Score	
	7	100.0%	21	
	0	0.0%	0	
	0	0.0%	0	
	7		21	

Answ	er %	Score
56	98.2%	114
0	0.0%	0
1	1.8%	1
57		115

Comments/Details

Answer (Dropdown)

Yes (Completed)	
Maybe (In Progress)	
No (Not Considered)	
Yes (Completed)	

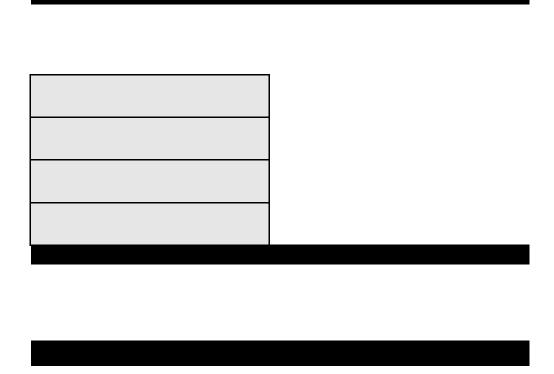
Yes (Completed)	
Answer (Dropdown)	
Maybe (In Progress)	
No (Not Considered)	
Yes (Completed)	
Answer (Dropdown)	
Yes (Completed)	
Maybe (In Progress)	
Yes (Completed)	
Answer (Dropdown)	
No (Not Considered)	
Answer (Dropdown)	
Yes (Completed)	
No (Not Considered)	
Answer (Dropdown)	
Yes (Completed)	
Maybe (In Progress)	

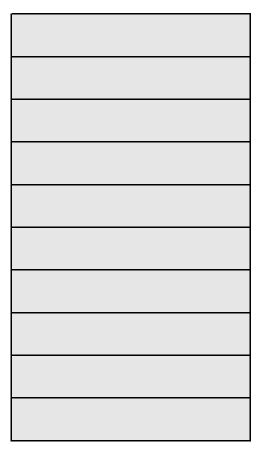
Answer	%	Score
19	61.3%	57
5	16.1%	10

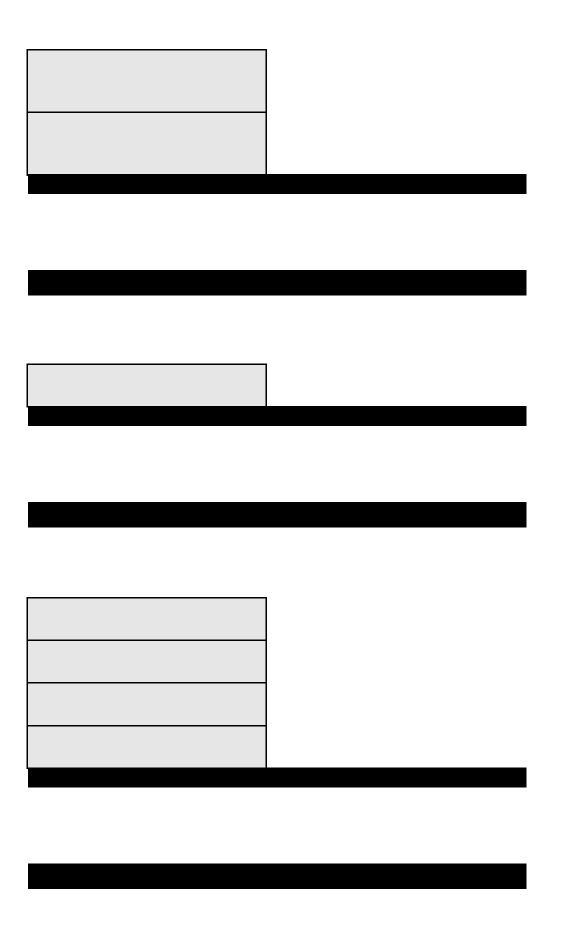
7 22.6% 7 31 74 ge any additional risk from COVID-19. The risk assessment should be reviewed and IO website. The risk assessment for COVID-19 associated with the sporting event ederation and ensure that there is an up-to-date evaluation of the

	A. Risk Rating	Score %
	Very Low Risk	85-100
Name of Responsible Person	Low Risk	70-84
	Moderate Risk	50-69
	High Risk	35-49
	Very High Risk	0-34

	B. Sport-Specific Preparedness Rating	Score %
Name of Responsible Person	Excellent	85-100
	Very Good	70-84
fter the risk assessment has occurred to overall risk of transmission and further	Moderate	50-69
	Poor	35-49
	Very Poor	0-34







Name of Responsible Person	C. Public Health Preparedness Rating	Score %
	Excellent	85-100
	Very Good	70-84
	Moderate	50-69
	Poor	35-49
	Very Poor	0-34
	-	

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Event and Camp Che

Note this checklist is to assist planning for Camps and Events in Canada and Abroa

Event / Camp Details			
Event / Camp Name			
Location			
Risk Level (From R-SAT)			
Start / Arrival Date:			
Finish / Departure Date:			
Length of Event / Camp			
Lead Contact / Organiser:			
Emergency Contact:			
Number of Participants			

	Details	
	Venue Address	
	Nearest Town	
	Closest Hospital	
cation Details	Local Medical Clinic / Physician Contact	
	Pharmacy	
	Public Health Contact	
	Canadian Consulate / Embassy contacts	

Participants	Team Manager / Event Lead Lead Coach Medical Lead Athletes Coaches Staff Non Travelling Leads`
Travel Details	Mode of Travel Departure Route / Flight #s Local transfer to venue / Accomodation On site Transport Insurance
Accomodation and Meals	Address Contact Person Type of Accomodation Room Type Special Room needs / Access Kitchen / Cooking Facilities? Fridge Laundry Cleaning
Meals	Meal Style Chef Contact Special Nutrition Needs Private dining area? Sanitiation Stations

	Address
	Access details / Accreditation
	Security
	Screening
	Dedicated time slots / Access ?
	Change Rooms / Showers - Private?
	Private rest / Prep areas
Main Venue Details	Warm Up / Weights access?
	At Venue Meals?
	Restroom Access
	Cleaning Protocols
	Hand Sanitisers / Wash Stations
	Secure Lockers / Bag Check
	Special Requirements
	Venue rescue / first aid / medical

Other Venues (E.g Weights / Gymetc)

Address

services

Access details

Security

Screening

Dedicated time slots / Access ?

Change Rooms / Showers - Private?

Warm Up / Weights access?

At Venue Meals?

Restroom Access

Cleaning Protocols

Hand Sanitisers / Wash Stations

Local Transport Details	Team Dedicated transport? Type (eg rental cars) Contact Insurance Designated Drivers Public transport?
Event / Camp Participant Details	Purpose of Camp / Event (Level of Importance) Total number at venue Other teams? International Participants? Countries participating Volunteers? Security
	Activity Risk Level
	Nearest Emergency (Trauma level?)
	Local emergency numbers (Ambulance /
	Police / Fire) Local Clinic / Physician
	Local Medical Contacts / Liason
	Local Therapist clinic
Medical and Health	Pharmacy Contact (Take Canadian scripts?)

Hygiene and Food Risk Local disease risks (Western Nile / Zika
/ Japanese encephalitis/ Altitude etc)
Influenza season
Vaccines Required
Special needs / high risk individuals
Other

COVID Specific Details

Local Transmission rates

Quarantine Required on Arrival

Pre travel Testing?

Pre Travel Health Check

Daily Health Check / Screens / Temp

Check

Group size limits?

Isolation Plan

Local testing availability?

Availability of local Treatment

Travel Restrictions

Contact Tracing

Medical Insurance include COVID

Physical Distancing

Mask use

Gloves

Other

Method of recording and

reporting

COVID Dedicated Room location

Address

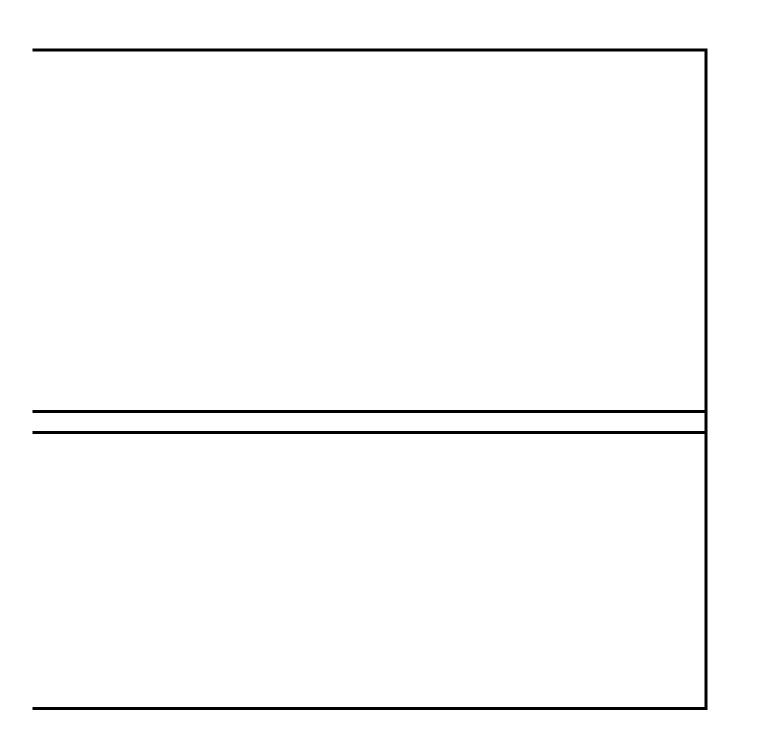
Contact #

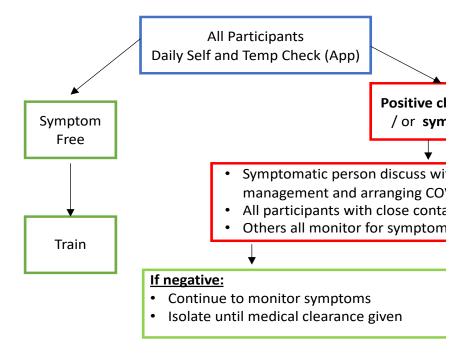
COVID Quarantine Plans	Catering (Delivery / room service?) Transport - Repatriation Plan Designated companion if requires longer stay Contact Tracing protocols Local COVID Medical contact Other
Medical Specific Equipment	Medical bag - level of supplies First aid kits Special needs equipment (eg catheters etc) Masks N95 Face shields Goggles Gloves Gowns Hazardous waste bags Hand Sanitisers Santiser spray / wipes Thermometers AED Other

<u>ecklist</u>

ad. Further sport specific checks may be added to this base list.

	Responsible person	Completed?	Risk Level High/ Low	Outstanding issues?
_				



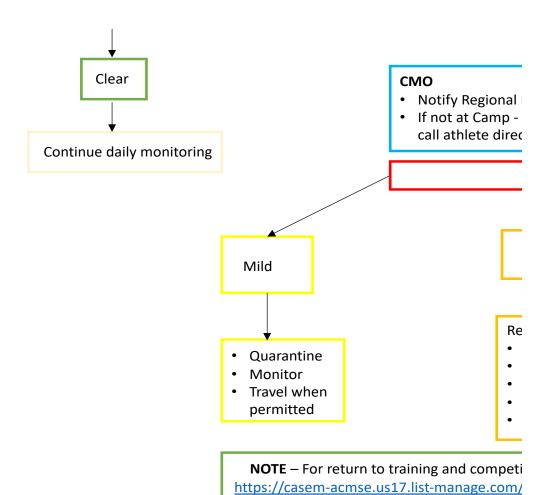


Adapted from Freestyle Canada

IST Lead Actions in Camp During COVID-19

- Daily "check in" with all participants while they self monitor and isolate
- If participant with symptoms, contact CMO and the other key contacts
- Follow initial protocol for the affected participant (new symptoms)

No Symptoms



What do you do if you have a sympt person/athlete in a camp?

heck and ptoms

th IST lead / CMO remotely for initial VID test if indicated act must quarantine until test result received is and stay vigilant

If positive Test – Likely camps ends:

- All participants with close contact must quarantine 14 days as directed by Public He
- Request a test for any suspected (even very mild) cases
- Return Travel home ONLY when Quarantine and Public health regulations permit

Athlete Actions

Contact IST Lead, Coach CMO and QUARANTINE

Coach / IST Lead Actions

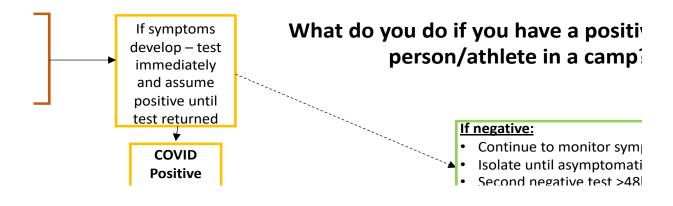
- Contact CMO, IST Director and HPD Immediately then self-isolate
- If symptomatic participant is severe, 9-1-1

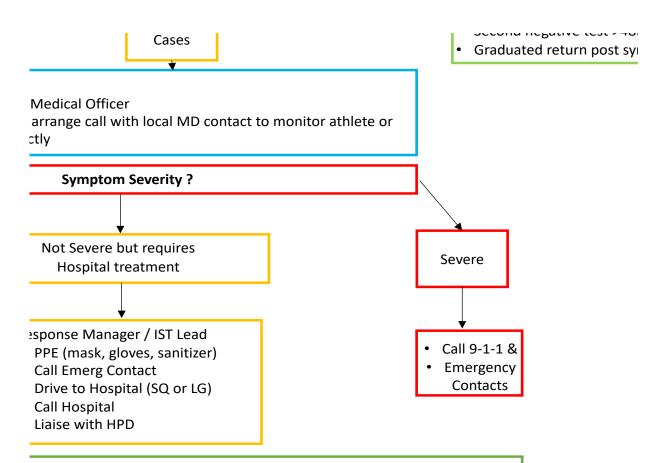
HPD Actions

 Provide "head's up" to CEO, Comms, and Response Manager (Consider COC / CPC/ OTP comms)

Response Manager Actions

- · Be available for contactless grocery delivery
- On Stand-by for logistics at camp and travel etc when travel post recovery allowed.





ition protocols follow SMAC Return to Health and Performance Guidelines \(\frack/\click?u=2c6f3dfe205f15b47aaa61199&id=fd7d30e18a&e=8d325cf39f)\)

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mptoms

General Guidelines for Return to High Performance Sport Competition

Risk Assessment & Mitigation Categories	Sub-Category	Resource Links
Staff Knowledge	Training of coaches, athletes, staff re. personal protection, safety, personnel flow	Coronavirus disease (COVID-19): Prevention and risks Coronavirus disease (COVID-19): Outbreak update Actions you can take to stop the spread of COVID-19 Reduce the spread of COVID-19: Wash your hands About coronavirus disease (COVID-19)
Public Health Awareness	Testing Information	<u>Understanding COVID-19 testing</u>
Isolation Capacity	Identification and management of symptomatic athletes, Isolation procedures, care of athletes in isolation	How to isolate at home when you may have COVID-19
Emergency Preparedness	Contact and tracing plans, response leaders, link to PHA, Cleaning and PPE, transportation plans	Cleaning and disinfecting public spaces during COVID-19 Measures to reduce COVID-19 in your community Non-medical masks and face coverings
Logistical Coordination	COVID -19 Operations Team. Link to health authorities in case of outbreak	Provincial and territorial resources for COVID-19
Risk Mitigation Measures	Risk mitigation strategies for gatherings and events	Risk mitigation tool for gatherings and events operating during the COVID-19 pandemic
Sport-Specific Mitigation Measures	Health Checks, monitoring Facility & Equipment access and use	Coronavirus disease (COVID-19): Symptoms and treatment List of disinfectants with evidence for use against COVID-19